

# Intrinsically-phrased Recognition

When you want to highlight the internal feelings of self-worth and self-satisfaction that accompany newly competent and constructive action, you can incorporate these concepts into your comments.

## ENJOYMENT

*“It’s fun to do, isn’t it?”*

- pleasure
- delight
- happiness
- good feelings inside
- satisfaction
- savoring the feeling

## COMPETENCE

*“You did it!”*

- success
- mastery
- have the know-how
- achievement
- excellence
- accomplishment

## CLEVERNESS

*“That’s tricky!”*

- new idea
- unique
- brainy
- smart
- intelligent
- original

## GROWTH

*“You’re changing.”*

- ready for new challenges
- becoming older
- new change
- more independent
- more grown-up