



James is two years old. He used to whine a lot. The most challenging times were when James was tired or hungry.



It has been a constant struggle to encourage James to speak consistently without whining.

Until I took this module, I had acknowledged James when he whined and attempted to correct him.



I changed my strategy and began acknowledging him every time he spoke without whining. I noticed improvement.

It was challenging remembering to give James a thumbs-up or an "Alright!" every time he spoke without whining, but my perseverance paid off.

Very slowly I noticed a reduction in James' whining. He started to stop himself and try again when he made a statement.



"Can I please have some toast?"

He became aware of his whining and was making an effort to stop.

"Alright James! First try and you used your big voice!"



James still isn't whine free, but he has greatly improved.

By focusing on the positive and acknowledging it with non-verbal recognition as well as factual statements, I was able to help James express himself in a way that was easier for everybody.

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Project of Understanding

*Module D1*

*Expressing Warmth to Children*