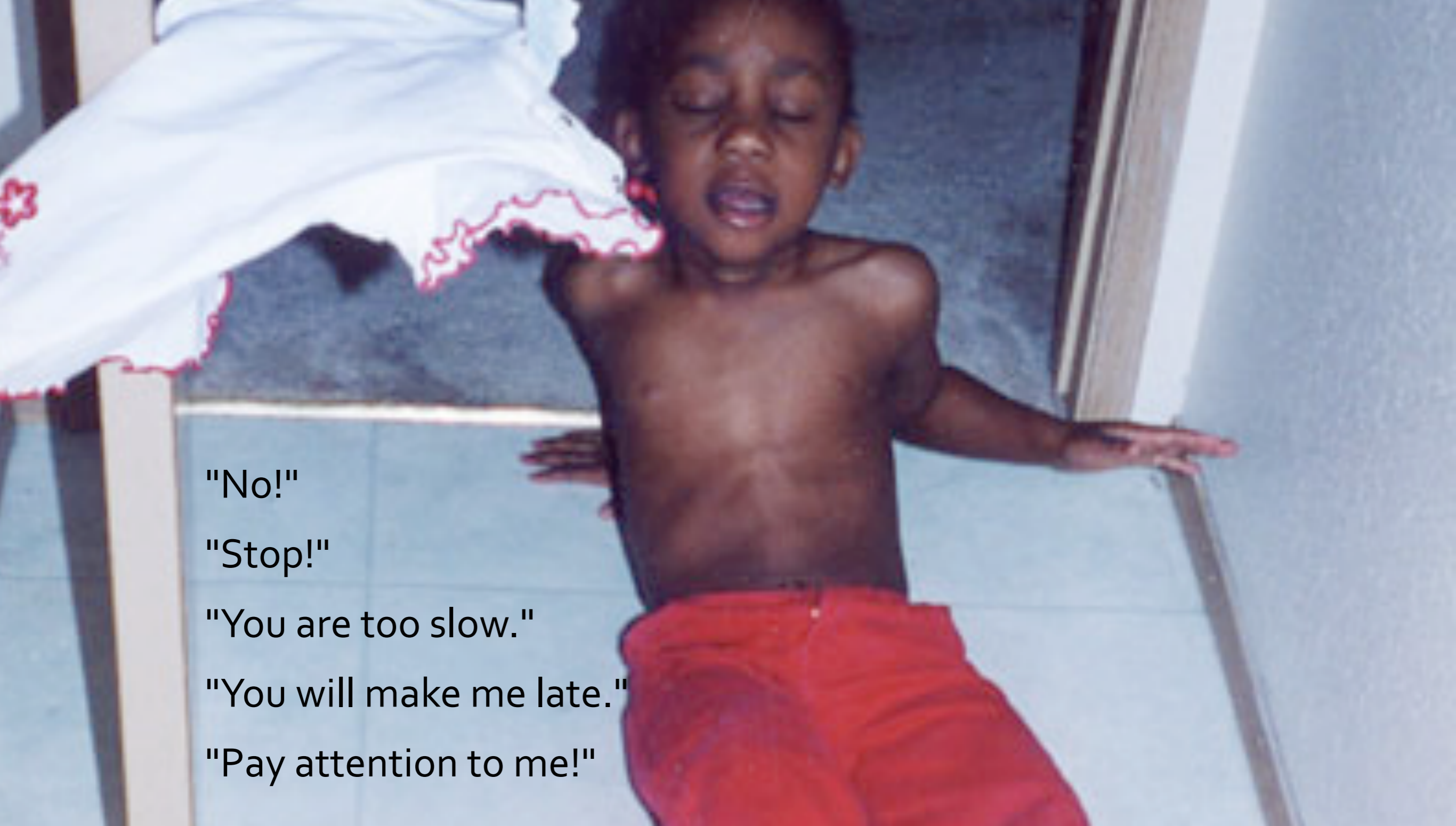




Instead of eating her breakfast and getting dressed in the morning in preparation for school, Alexia likes to watch TV, play with her toys, and run around ignoring me.

"Alexia! Don't make me late for work!"



"No!"

"Stop!"

"You are too slow."

"You will make me late."

"Pay attention to me!"

After attending a few sessions of the D₁ Module on Expressing Warmth to Children, I realized I had to change my patterns of behavior. The result: Alexia begins the process of listening and responding to me...



Hugs
"Yes!"
Smiles
"You make me so happy!"

As I continue my learning process by changing my habits, Alexia does not scream and roll around on the floor. Her response becomes positive. She now sits at her table and eats her breakfast...



She gets dressed by herself.



She uses the potty by herself.



She brushes her teeth.



Way to go!